

# Hocking Valley

## Boys' Gymnastics Camp

July 27-31

Your best training opportunity this summer!

### Awesome Coaching

Our camp features some of the best coaching you'll find anywhere in the world! Our two premier coaches for camp are:

#### Dimitri Bilozertchev

As a Soviet athlete, Dimitri revolutionized the sport with his dynamic style and innovative skill work. He has been a world and Olympic champion many times over. Since coming to the states, he has owned a club, coached at Ohio State, and is currently coaching his son, Alexy, a Junior National Team Member.

#### Xiao, Yuan

After achieving prominence in China (where he coached current world & Olympic champion Yang Wei), Xiao came to the U.S. where he has coached at University of Oklahoma and is currently coaching at the University of Michigan. Known as one of the world's top technicians, Xiao is an excellent communicator with gymnasts of all ages and levels.

**HOCKING VALLEY**  
YOUTH SPORT CENTER  
GYMNASTICS • DANCE • CHEER

### Camp Features

#### General Description

Our camp is a 5 day camp beginning on Monday and ending with an optional sleepover at the gym on Friday. Monday, Tuesday, and Thursday are full days of training with two 3-hour sessions each day. Wednesday and Friday are ½ days and feature recreational opportunities outside of the gym.

#### Facility

The camp is hosted by the Hocking Valley Gymnastics Center which features an outstanding 20,000 sq. ft. gym equipped with loose foam and resi-pits, channel bar, multiple sets of equipment, trampoline and tumble track.

#### Housing

Campers coming from out-of-town are invited to stay with a host family for the week. Boys are matched by age and level.

#### Camp Details

- **Cost:** \$350 for commuters (plus \$50 for hosted campers)
- **Camp Director:** Mike Serra
- **Camp Address:** 810 Slocum St., Lancaster, OH 43130
- **Contact Info:**  
Gym Phone: 740.653.3547  
Gym Fax: 740.653.2285  
E-mail: michael.serra@sbcglobal.net